BOOKS TO LIVE BY

WEISER BOOKS

the Best in Occult, Divination, Magick, Astrology, and more

NEW TITLES AND BESTSELLING BACKLIST

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NEW!
American Brujeria
Modern Mexican-American Folk Magic
J. Allen Cross
978-1-57863-745-4 • 6 x 9 • 240 pp. • 1 rosary illustration • Paperback
$18.95 (CAD $26.95) • Available May

Makes the practices of modern Mexican-American folk magic accessible and approachable
- The essential book of Mexican-American saints, folk magic, and healing and a go-to for anyone interested in shamanism and Indigenous peoples’ magic

A practical, hands-on guide to Mexican-American folk magic or brujeria.

American Brujeria is about the fascinating blend of American and Mexican folk magic currently used by those living in the US but whose roots are steeped in Mexican culture. This type of Mexican-American folk magic, which the author calls “American brujeria,” features its own unique saints and spirits as well as familiar ones, such as the notorious Santa Muerte.

American Brujeria includes:
- Stories from Mexico on such topics as folk saints and the story of Guadalupe
- An exploration of the influence of Catholicism and the art of limpias (traditional folk healing methods)
- Spell casting, oil crafting, praying the rosary (in English and Spanish), making an altar, using novena candle magic, and making protective charms from saints’ medals

NEW!
Seasons of a Magical Life
A Pagan Path of Living
Celebrations, Festivals, and Rituals for the Wheel of the Year
H. Byron Ballard
Foreword by Amy Blackthorn, author of Blackthorn’s Botanical Magic
978-1-57863-723-2 • 6 x 9 • 224 pp. • Decorative ornaments • Paperback
$18.95 (CAD $26.95) • Available August

Part Pagan reverie, part practical guide to living in harmony with the natural world
- Offers practical activities and suggestions

An invitation to earth-based spirituality and ritual living, for all those who are inspired to reconnect with the seasons, whether they live in the country, the city, or anyplace in between.

Seasons of a Magical Life looks at the Wheel of the Year and its basis in agriculture as a starting point for a deepening spirituality. Folklorist H. Byron Ballard offers a set of backstories to ease the reader into a time between the pre-industrial era and the modern one, into a place where the fast-moving stress of contemporary life can be affected by a better connection not only to the natural world but to the elegant expression of the year through seasonal festivals and celebrations.

This deeply practical book, includes insights into the following: Food: cooking, preserving, and foraging, Fiber arts: knitting, weaving, decorative cut-work, and embroidery; Sewing: treadle machines, electric machines, hand sewing; Household crafts: candle-making, soap-making, broom-making, sharpening tools; Farming and gardening: composting, soil preparation, pests, seed-saving; Health: medicines, tending the dying, death and death rituals.
NEW TITLES

NEW!

Manifestation Magic

21 Rituals, Spells, and Amulets for Abundance, Prosperity, and Wealth
Elhoim Leafar
978-1-57863-742-3 • 6 x 8 • 192 pp. • 21 line drawings • Paperback • $18.95 (CAD $26.95) • Available July

A practical guide to prosperity magic using amulets, talismans, and rituals.

Elhoim Leafar offers a clear, basic treatise on the magic of prosperity and manifesting positive abundance. No prior magical experience is required!

The book is divided into two sections: The first section guides the reader through some basic magical theory including the power of attraction. Readers are encouraged to develop a magical mindset. The second section puts theory into practice. Leafar features 21 rituals, amulets, and talismans for creating and living the life you desire.

NEW!

Sacred Symbol Magic

Harness Their Power for Mind, Body, and Soul
Sarah Bartlett, author of The Tarot Bible
978-1-57863-738-6 • 5.75 x 7.75 • 128 pp. • Full-color illustrations throughout • Hardcover • $18.95 (CAD $26.95)

North America • Available April

An illustrated guide to 50 magical and spiritual symbols and how to harness their power for your spiritual needs.

Sacred Symbol Magic is an exquisitely illustrated and practical book from an expert author. Readers will learn how to work with sacred symbols from around the world, unlocking the keys to both spiritual growth and a fulfilled life.

NEW!

The Four Elements of the Wise

Working with the Magickal Powers of Earth, Air, Water, Fire
Ivo Dominguez, Jr.; Foreword by Courtney Weber
978-1-57863-710-2 • 6 x 9 • Pages: 240 • Paperback • $18.95 (CAD $26.95) • Available June

The essential guide to elemental magick written by a master in the field

An in-depth exploration of the elements and their lore, history, correspondences, and use in spellwork and ritual.

The four elements are the pillars that uphold the manifest world and anchor spirit to matter. They are associated with a wide range of spiritual entities, from small elementals to divine beings.

This book explores the four elements and how they comprise a system of understanding that supports most of the magic of the West and Paganism. Longtime practitioner and respected teacher Ivo Dominguez Jr. discusses the use of the elements in a wide range of systems and presents the information in a way that makes the topic of importance to newcomers and experienced practitioners alike. Each of the four elements is explored in depth and practical applications for working with the elements are woven throughout the book.

RELATED BACKLIST

The Magical Art of Crafting Charm Bags
978-1-57863-619-8
Paperback • $16.95 (CAD $23.95)
NEW!

Doctoring the Devil

Notebooks of an Appalachian Conjure Man

Jake Richards, author of Backwoods Witchcraft

978-1-57863-733-1 • 6 x 9 • 288 pp. • Paperback $18.95 (CAD $26.95) • Available April

- For all those interested in conjure, root work, folklore, and authentic teachings drawn from the uniquely American heritage of Appalachia
- Written with the same folksy charm as Backwoods Witchcraft (10,000 copies sold), but takes readers deeper into the practice

Appalachian conjure man Jake Richards takes us deeper into the backwoods, sharing root work practices and spells of traditional folk craft magic.

Who were the old conjurors and witches of Appalachia? What were their practices and beliefs? How can you learn the ways of conjuring for yourself? In Doctoring the Devil, Richards speaks to those questions and more, offering the various ways of rooting out the “devil”—any unfriendly spirit bringing bad luck, poor health, and calamities of all sorts.

Like the blue smoky mists that glide up the Appalachians, Jake leads his readers up the hillsides too, introducing us to folks along the way—hunters, farmers, blacksmiths, faith healers, preachers, and root-diggers. We’ll also meet the local spirits and learn root ways. Further up the hill, we delve into Jake’s notebooks—a personal collection of tried-and-true Appalachian recipes and roots for conjuring love, money, justice, and success.

NEW!

Conjure Cards

Fortune-Telling Card Deck and Guidebook

Jake Richards, author of Backwoods Witchcraft

978-1-57863-744-7 • 3.25 x 4.5 • 64 pp. • Kit w/ 54 cards $24.95 (CAD $34.95) • Available April

- The author’s Backwoods Witchcraft has sold over 10,000 copies
- Fantastic package: box with hinged lid, matte cards, rustic feel

A unique divination deck based on the authentic backwoods traditions, folklore, and superstitions of Appalachia.

For centuries, people living in Appalachia have used homemade playing cards for fortune-telling and dream interpretation. This tradition has arisen over many generations of backwoods conjurers, granny witches, and yarb doctors. Conjure Cards was created by Jake Richards and fashioned after the folklore, superstitions, and dream symbols that he grew up with in western North Carolina. Richards offers these common Appalachian methods of divination paired with the honored pastime of sharing and interpreting dreams.
NEW TITLES

NEW!
Teen Magick
*Witchcraft for a New Generation*
Fiona Horne, author of *The Art of the Witch*
978-1-925924-41-1 • 6 x 7.5 • 336 pp. • B&W line drawings • Hardcover • $16.95 (CAD $23.95)
North America • Available April

Teen witches are taking over!
This gutsy guide for the teen witch takes them on a journey of self-discovery—to dig deep and learn about all the magick that is inside of them, and then shine that magick into the world.

What does it take to be a real witch in this brave new world? With all the tools, spells, sacred days, and tips for what to do in love and life, this book is a must-have for the young person who wants to evolve into the most empowered version of themselves in a brave, new magickal life!

NEW!
The Way of the Witch
*A Path to Spirituality and Self-Empowerment*
Sally Morningstar
978-1-59003-516-0 • 6.25 x 8.75 • 160 pp. • Full-color illustrations throughout • Hardcover • $19.95 (CAD $27.95)
North America • Available April

Learn how to tap into magic and connect with the natural world while performing rites and rituals.

Here is an accessible introduction and how-to guide to all aspects of the Craft. Discover the roots of witchcraft and the meaning of what it is to be a witch, as well as seasonal cycles, rituals, spells, and practical magic. In giving you a clear understanding of how to live your life following the principles of honoring the Earth, yourself, and others, *The Way of the Witch* explains many Wiccan practices and beliefs, including magical tools, the arrangement of an altar, and how to perform rituals and ceremonies.

NEW!
Wild Soul Runes
*Reawakening the Ancestral Feminine*
Lara Veleda Vesta
978-1-57863-739-3 • 6 x 8 • 208 pp. • 38 Line drawings • Paperback • $16.95 (CAD $23.95)
Available May

This book highlights the feminine origin of the runes in the context of an immersive course in rune practice.

Using inquiry and original translations alongside traditional rune poems and sacred art, *Wild Soul Runes* invites readers to develop their own wisdom connection with the runes through practice.

Rather than telling the reader what the runes mean, author Lara Veleda Vesta shares an interactive practice for readers to discover the unique ways that the runes speak to them. She introduces the concept of the runes as beings rather than simply an alphabet or magical tools. Thus, the purpose of *Wild Soul Runes* is to create a relationship with these beings through ancestral connection, personal gnosis, and ritual practice.

Readers will learn how to make a rune altar; develop a daily ritual practice with the runes; and craft a rune set and rune ceremonies for divination.

RELATED BACKLIST
The Witches’ Oracle
978-1-85906-454-2 • Kit $24.95 (CAD $34.95)
North America
NEW!

The Goddess Book

_A Celebration of Witches, Queens, Healers, and Crones_
Nancy Blair; Illustrations by Thalia Took
978-1-64297-020-3 • 6 x 8 • 240 pp. • 52 full-color illustrations • Paperback + flaps • $19.95 (CAD $27.95)
Available April

A beautifully illustrated seasonal celebration of goddesses with meditations and affirmations to create a life inspired by the divine feminine.

_The Goddess Book is a joyful celebration of perennial goddess wisdom that nourishes, expands, and inspires._
—Heather Ash Amara, author of _Warrior Goddess Training_

This is a book of rituals and affirmations that celebrate the divine feminine. It is an exploration of representations of the goddess throughout history. Organized by the four seasons, author Nancy Blair groups these goddesses according to the seasons in which their energies are most potent. This beautiful, fully illustrated book highlights 52 goddesses from cultures around the world. Meditations and affirmations encourage the reader to harness their power in daily life.

NEW!

Hekate

_Goddess of Witches_
Courtney Weber, author of _The Morrigan_
978-1-57863-716-4 • 6 x 9 • 244 pp. • Paperback • $16.95 (CAD $23.95) • Available August

Learn the myths and legends behind this beloved goddess plus practices and suggestions for making Hekate part of your spiritual path.

An informed, accessible journey through the lore and history of Hekate, the ancient goddess of crossroads, ghosts, and witchcraft, and her relevance today. Tools and techniques for incorporating this goddess into your personal journey round out the book.

Each chapter focuses on a different aspect of Hekate. The final chapter is a grimoire full of rituals, offerings, and other practices designed to help readers align themselves with this extraordinary goddess. The book also explores magickal ethics, what it means to be a witch in the twenty-first century, and best practices for successful witchcraft.

NEW!

The Promise of Kuan Yin

_Wisdom, Miracles, and Compassion_
Martin Palmer and Jay Ramsay with Man-Ho Kwok
978-1-64297-021-0 • 5.25 x 7.5 • 240 pp. • Paperback • $16.95 (CAD $23.95) • Available March

The best and most comprehensive book on the most important and best-loved Chinese goddess.

Kuan Yin is the most ubiquitous of the Chinese deities—and the most loved. She is the living expression of compassion whose gentle face and elegant figure form the center of devotion in most Chinese homes and workplaces.

Originally published as _Kuan Yin_ in 1995 and republished as _The Kuan Yin Chronicles_ in 2009, this seminal work explores the origins and evolution of the goddess in ancient China, early Buddhism, Taoism, and shamanism.

Religious scholar Martin Palmer and Chinese divination expert Man-Ho Kwok discuss the Kuan Yin myths and stories, and Jay Ramsay provides fresh translations of 100 Kuan Yin poems that function both as literature and divination tools.

“A compelling story that reads like a detective mystery . . . and shows the contemporary reassertion of the Goddess in the hearts and minds of men and women.” —Riane Eisler, author of _The Chalice and the Blade_
NEW!

Practical Alchemy

*A Guide to the Great Work*

Brian Cotnoir; Introduction by James Wasserman; Foreword by Robert Allen Bartlett, author of *Real Alchemy*

978-1-57863-747-8 • 5.25 x 8.5 • 160 pp. • Line drawings throughout • Paperback • $16.95 (CAD $23.95)

Available July

A concise guide to the history, theory, and practice of alchemy (the “great work”)—the art of working with the energies of nature for spiritual development, healing, and transformation.

In this book, Brian Cotnoir offers a step-by-step introduction that explores alchemy’s mysteries while illustrating its use as a modern spiritual system of attainment. He provides an overview of the history of alchemy, from the first meldings of Egyptian technology to the Middle Ages—the golden age of alchemy—to contemporary techniques. *Practical Alchemy* provides step-by-step instruction for beginning a practice in alchemy; explains the theory underlying the art and science of alchemy and how it works; demystifies the relationship between alchemy and chemistry, while going well beyond the “psychological interpretation” advanced by nonscientists; and introduces the practice of alchemy to students of the Western magical arts.

NEW!

Mediumship

*Understand How a Medium Works*

Kerrie Erwin; Illustrated by Nikita Vuimin

978-1-925924-98-5 • 6 x 9.25 • 160 pp. • Hardcover • $18.95 (CAD $26.95) • North America

Available June

*Mediumship* offers a powerful tool for spiritual insight for the living as they connect to those who have crossed over.

Many people feel a calling toward mediumship and want to know more about how to expand their energy and raise their consciousness so they are able to connect with the spirit world.

This practical book is an essential tool in the development of one’s own mediumship. It also shares the importance of meditation and how sitting in your power with dedication can enhance your direct communication skills.

NEW!

Paranormal Confessions

*True Stories of Hauntings, Possession, and Horror from the Bellaire House*

Kristin Lee

978-1-64297-026-5 • 5.25 x 8.5 • 208 pp. • Paperback • $16.95 (CAD $23.95) • Available August

Kristin Lee is a YouTube star (some postings have 9.2 million views) and has been featured on A&E and Lifetime

*True stories of hauntings, possessions, and things that go bump in the night.*

Built in 1847 on the banks of the Ohio River, the Bellaire House is reputed to be one of the most haunted houses in America. Since the early twentieth century it has earned a reputation as a hotbed of paranormal activity, with reports of apparitions, curses, psychic assaults, and violence.

This is a collection of true ghost stories from the former owner of the Bellaire House and the proprietor of the Bellaire House Afterlife Research Center. It is a mix of lurid and heartwarming stories that both entertain and convey to the reader what the dead want us to know. Stories include accounts of a ghostly sexual assault, communications from spirits of slaves (the house was part of the Underground Railroad) and French and Native American ghosts from an eighteenth-century battlefield, and tales of madness.
NEW!

Ancestral Tarot

*Uncover Your Past and Chart Your Future*

Nancy Hendrickson; Foreword by Theresa Reed, The Tarot Lady

978-1-57863-741-6 • 6 x 8 • 224 pp. • B&W tarot cards & spreads • Paperback • $16.95 (CAD $23.95)

Available March

A practical, hands-on guide for using tarot to connect with your ancestors and gain access to their insights for healing, self-protection, and personal powers.

Tarot expert Nancy Hendrickson guides readers through the basics of finding ancestors, and navigating the confusing maze of DNA and ethnic heritage. Tarot spreads are included throughout and each chapter includes three journal prompts that lead readers into self-discovery around ancestral gifts, wounds, and patterns they may have inherited. Readers will connect with their ancestors and themselves in a new and meaningful way.

“Ancestral Tarot is unlike any tarot book I’ve ever worked with before. It had a profound effect on the way I feel about my family—and myself. The author’s exercises, spreads, prompts, and suggestions have created a rich body of work that will change generations of people, as well as our understanding of the past.” —Theresa Reed, author of *Tarot: No Questions Asked*

NEW!

Archetypal Tarot

*What Your Birth Card Reveals About Your Personality, Path, and Potential*

Mary K. Greer, author of *Tarot for Your Self*; Foreword by Theresa Reed, the Tarot Lady

978-1-57863-748-5 • 7 x 10 • 288 pp. • Line drawings throughout • Paperback • $22.95 (CAD $31.95)

Available June

“A fantastic book that gives deep insights into your personality, life, and journey based on your birth card.” —Theresa Reed

The tarot cards associated with your birth date and name form a pattern of personal destiny. They describe the theme of your life—the challenges and the gifts. In *Archetypal Tarot*, popular tarot practitioner Mary K. Greer connects astrology and numerology to the tarot to create an in-depth personality profile that can be used for self-realization and personal harmony.

*Archetypal Tarot* is a valuable tool for anyone wishing to learn how to use the tarot to interpret their strengths, challenges, and innermost desires. All you need is a pen and your date of birth and you can learn to cast your own tarot chart.

Seventy-Eight Degrees of Wisdom, 40th Anniversary Edition

*A Tarot Journey to Self-Awareness*

Rachel Pollack

978-1-57863-734-8 • 5.75 x 9 • 368 pp. • B&W illustrations throughout • Hardcover • $34.95 (CAD $47.95)

North America

• A deluxe jacketed hardcover edition, with colored end-sheets, sewn-binding, cloth and paper over boards, gold stamping on cloth spine, and decorative stamping on front cover

• A keepsake edition for tarot enthusiasts young and old

“An inspiration to Tarot readers for 40 years, this is still the all-time best book for exploring both the deeper symbolism and practical meanings of the tarot.” —Mary K. Greer, author of *Tarot for Yourself*

“If there is such a thing as tarot royalty, then Rachel Pollack is its queen.” —Benebell Wen, author of *Holistic Tarot*
NEW!

Yoga Sutras of Patanjali
Mukunda Stiles

Foreword by Mark Whitwell, author of *Yoga of Heart: The Healing Power of Intimate Connection*

978-1-57863-730-0 • 5.75 x 9 • 160 pp. • Paperback • $16.95 (CAD $23.95)
NFS: India • Available April

“This beautiful, poetic rendition of Patanjali’s Yoga Sutras was gathered from Mukunda’s lifetime of abiding in the good company of the saints and sages of the Great Tradition. We can rely upon the fact that these words come from his own authentic experience of love and life and of Yoga. Please enjoy this gift of poetry from Mukunda and embrace the beauty of your life every day.” —Mark Whitwell, author of *Yoga of Heart: The Healing Power of Intimate Connection*

Mukunda Stiles had a lifelong devotion to the spiritual practice of yoga. Here, he shares Patanjali’s essential work with precision and insight. He also includes a succinct line-for-line commentary, as well as word-by-word Sanskrit-to-English translation. This Weiser Classics edition features a new foreword by leading yoga teacher Mark Whitwell.

About the Author

Mukunda Stiles (1949–2014) was the founder of Yoga Therapy Center in Boulder, Colorado, and the author of several widely respected yoga books, including *Structural Yoga Therapy*.

NEW!

The Druidry Handbook

*Spiritual Practice Rooted in the Living Earth*

John Michael Greer

Forewords by Philip Carr-Gomm and Dana O’Driscoll, Grand Archdruid of the Ancient Order of Druids in America

978-1-57863-746-1 • 5.75 x 9 • 288 pp. • 12 line drawings • Paperback • $19.95 (CAD $27.95) • Available April

A guide to living a spiritual life rooted in Celtic antiquity and revived to meet the contemporary challenges, this book serves as a hands-on manual of traditional British druid practice. Featuring a mix of philosophy, rituals, spiritual direction, and ecological actions, *The Druidry Handbook* is an essential guide for those seriously interested in practicing a traditional form of druidry. It offers equal value to eclectics and solitary practitioners eager to incorporate more earth-based spirituality into their own belief system.

This Weiser Classics edition features a new preface by John Michael Greer and a new foreword by Dana O’Driscoll, Grand Archdruid of the Ancient Order of Druids in America.

About the Author

John Michael Greer has been a student of occult traditions and nature spirituality for more than 25 years. He began following the druid path in 1993 with initiation in the Order of Bards, Ovates, and Druids (OBOD). Greer is the author of numerous books. He lives with his wife, Sara, in Providence, Rhode Island.
Futhark

*A Handbook of Rune Magic*
Edred Thorsson; Foreword by Christopher McIntosh, author of *Beyond the North Wind*

978-1-57863-700-3 • 5.75 x 9 • 192 pp.
Paperback • $16.95 (CAD $23.95)

A new, updated edition of the essential guide to the practice of the runes as a magical tool for spiritual development.

Futhark covers both the spiritual heritage of ancient runic lore and the practical steps we can take to draw on rune power. This complete book of rune instruction includes rune history and lore, its basis in metaphysical thought and mysticism, complete definitions of the twenty-four runes of the Elder Futhark, and the etymology, phonetic value, and interpretation of each rune. The reader will learn how to perform chants and rituals using runic energy, how to sign and send runes, and how to practice runic meditation. The author’s presentation of this powerful system is lucid and profound, and provides a valuable tool for spiritual transformation and self-development.

The Handbook of Yoruba Religious Concepts

*Baba Ifa Karade*

978-1-57863-667-9 • 5.75 x 9 • 160 pp.
B&W photos, drawings, and charts
Paperback • $16.95 (CAD $24.95)

In this accessible introduction, Baba Ifa Karade provides an overview of the Yoruba tradition and its influence in the West. He describes the sixteen Orisha, or spirit gods, and shows us how to work with divination, use the energy centers of the body to internalize the teachings of Yoruba, and create a sacred place of worship. The book also includes prayers, dances, songs, offerings, and sacrifices to honor the Orisha.

• This edition replaces ISBN 978-0-87728-789-6

The Herbal Alchemist's Handbook

*A Complete Guide to Magickal Herbs and How to Use Them*
Karen Harrison; Foreword by Arin Murphy-Hiscock, author of *The Green Witch*

978-1-57863-705-8 • 5.75 x 9 • 272 pp.
Spot art • Paperback • $18.95 (CAD $26.95)

• Easy-to-use compendium of 150 herbs, elixirs, essential oils, incense, and formulas with dozens of recipes from a master herbalist and magick practitioner Karen Harrison

• Includes formulas for courage, creativity, lasting health, prosperity, and spiritual powers

• Includes instruction on how to select herbs based on their astrological associations as well as their medicinal properties

• Includes a new foreword by Arin Murphy-Hiscock, author of *The Green Witch*

• This edition replaces ISBN 978-1-57863-491-0

Psychic Self-Defense

*The Definitive Manual for Protecting Yourself Against Paranormal Attack*
Dion Fortune; Foreword by Mary K. Greer, author of *Tarot for Yourself*

978-1-57863-731-7 • 5.75 x 9 • 304 pp.
Paperback • $18.95 (CAD $26.95)

• Celebrating its 90th publishing anniversary, *Psychic Self-Defense* is part of the Weiser Classics series with a new introduction by Mary K. Greer and other new material.

• After finding herself the subject of a powerful psychic attack in the 1930s, famed British occultist Dion Fortune wrote this detailed instruction manual on protecting oneself from paranormal attack. This classic psychic self-defense guide explains how to understand the signs of a psychic attack, vampirism, hauntings, and methods of defense.

• This edition replaces ISBN 978-1-57863-509-2
NEW IN WELLNESS

NEW!
The Happiness Workout
Learn How to Optimise Confidence, Creativity, and Your Brain!
Noa Belling, international bestselling author and psychologist
978-1-925924-44-2 • 7 x 9.25 • 224 pp.
Full-color illustrations throughout
Paperback • $18.95 (CAD $26.95)
North America • Available March
Discover how to access and “manufacture” happiness at any time.
Based on scientific studies of biochemistry and neuroscience, this book teaches you how to cultivate happiness by honing certain physical skills such as strength, flexibility, fluidity, grounding, and warmheartedness. Deeply rooted within your body, these skills foster resilience, confidence, and creativity to help you meet life’s challenges skillfully.

Author and psychologist Noa Belling has created a variety of “happiness workouts” made up of everyday quick practices, complemented by physical exercise programs that are accessible no matter your age or level of fitness.

“Noa Belling provides an essential guide to help you access nourishing emotions of happiness, joy, contentment, excitement, confidence, and pleasure. With practical tools based in neuroscience, this book offers an alternative to antidepressant medication, without any side effects!” —Dr. Arielle Schwartz, author of The Post Traumatic Growth Guidebook

NEW!
Your Best Year Ahead
Small, Easy Steps to Wellness
Dr. Cris Beer
978-1-925924-37-4 • 6 x 9.25 • 352 pp. • Charts and diagrams • Paperback • $18.95 (CAD $26.95)
North America • Available January

Discover the simple habits that lead to good health, more energy, and optimum body weight.
Your Best Year Ahead is written for every busy person who wants to start off the new year with a fresh, easy approach but doesn’t think they have the time to start.
Supported by evidence-based research and no-fuss tips, this book features 52 ways to better health. It offers an effective approach that enables you to incorporate a new habit into your lifestyle each week. Simple habits lead to good health, more energy, and optimum body weight. By following the author’s week-by-week advice, you will regain the energy and vitality you thought you lost. Your appetite and body weight will come into alignment with what is healthy for you.

About the Author
Dr. Cris Beer is an expert in holistic medicine, as well as a registered medical doctor who has trained in nutritional and integrative medicine and health and fitness coaching. She lives in Queensland, Australia

NEW!
The Wellness Puzzle
Creating Optimal Well-Being, One Piece at a Time
Andrew Jobling
978-1-925682-81-6 • 6 x 9.25 • 264 pp.
Paperback • $16.95 (CAD $23.95)
North America • Available June

Optimal health is like a jigsaw puzzle: when all the wellness pieces are in place, the body is in balance and well-being results.

With the high demands of life and the rush of fast-paced living, our bodies and minds are filled with deadlines, stress, anxiety, and nervous energy. But you can make order out of the chaos of your life. The Wellness Puzzle shares powerful messages of motivation and outlines seven core pieces of life’s puzzle to promote real change and help readers create a longer, happier, healthier life.

Through right thinking, positive emotions, deliberate actions, and healthy habits, optimal well-being is more than just a hope—it is an exciting reality for anyone who is willing to make it happen.

About the Author
Andrew Jobling is a former professional Australian football player. He has worked passionately in a 15-year career as a personal trainer and café owner and is currently a sought-after speaker and mentor on living a life of joyful longevity. Visit him online at www.andrewjobling.com.au.
NEW!

**The Art of Aliveness**

*a Creative Return to What Matters Most*

Flora Bowley; Foreword by Sark

978-1-950253-10-4 • 5.25 x 8 • 192 pp. • Paperback • $18.95 (CAD $26.95) • Available March

Spark your creativity with this book that is filled with exercises and journal prompts for living a rich, creative, and vibrant life.

Creativity has informed every aspect of Flora Bowley’s life. A professional artist whose workshops and online courses have inspired thousands, Bowley believes that every person is here for a profound purpose—a purpose that can be discovered and embraced.

This book provides a road map for living an art-filled life infused with aliveness—a life in which creative expression animates the body, soul, and spirit. Packed with exercises and prompts to help guide readers through their own process, *The Art of Aliveness* teaches that creativity goes well beyond just “making stuff.” Creativity is a whole way of being—one that stands in opposition to productivity for productivity’s sake.

NEW!

**Children’s Wellbeing Cards**

Dr. Maxine Thérèse

978-1-925924-51-0 • 5 x 5 • 96 pp. • Deck with 28 full-color cards • $18.95 (CAD $26.95) • North America • Available March

- A great resource for promoting positive mental health in early childhood

An innovative tool for parents and teachers to foster emotional development.

The Children’s Wellbeing Cards have been designed to lovingly encourage children to recognize their seven foundational needs, and bring awareness to those needs in alignment with the chakras. Each of the 28 cards has an accompanying reading supporting parents to affirm their children’s needs in a simple way. By using the cards, children discover words and images to help them express their feelings and come to know that their needs matter, which is vitally important to their wellbeing.

NEW!

**Essential Oils**

*Your Aromatherapy Guide to Ayurvedic Healing*

Dr. Ravi Ratan

978-1-925924-57-2 • 7 x 9.25 • 376 pp. • Full-color illustrations throughout • Paperback • $24.95 (CAD $34.95) • North America • Available March

Here is a comprehensive illustrated guide to the healing and therapeutic use of essential oils.

Drawing on 28 years of experience, Dr. Ratan combines ancient Ayurvedic wisdom with modern aromatherapy principles in Vedic aromatherapy, creating unique blends for holistic health and healing. This beautifully illustrated guide explains the active ingredients, properties, and uses for over 90 remarkable essential oils, and the ways they affect our physical and emotional well-being. Dr. Ratan provides information on understanding the secrets of blends for a variety of applications—healing, relaxing, uplifting, arousing—as well as how to make feel-good fragrances for the body and home, including blending, aromatherapy massage, and steam inhalation, alongside natural beauty treatments.
NEW JOURNALS

NEW!

Mindful Living Journal
*Journaling Practices for a Sacred and Happy Life*
Akal Pritam
978-1-925924-47-3 • 6 x 8.5 • 192 pp. • Full-color throughout
Flexibound • $19.95 (CAD $27.95) • North America
Available March

Uncover your greatest capacity for compassion and wisdom through the pages of the *Mindful Living Journal*. From international author and teacher Katie Rose comes an immersive, sumptuous tool to awaken your hidden sage and nurture a life of meditation and mindfulness.

NEW!

Inspired by Frida Journal
Akal Pritam
978-1-925924-46-6 • 6 x 8.5 • 192 pp.
Full-color illustrations throughout
Paperback • $19.95 (CAD $27.95) • North America • Available June

The *Inspired by Frida Journal* draws from the wisdom and artwork of Frida Kahlo. This 192-page decorative journal is divided into eight sections that encourage exploration of the concepts of FRIDA: freedom, reverence, inspiration, dharma, and acceptance.

NEW!

Self-Love Journal
*A Journey to Inner Peace and Happiness*
Akal Pritam
978-1-925924-45-9 • 6 x 8.5 • 208 pp. • Full-color illustrations throughout
Paperback • $19.95 (CAD $27.95) • North America
Available March

This journal serves as a tool and workbook for going deep into self-love, chakra healing, emotional wellness, and body understanding. The beautiful full-color illustrations, poetry, positive affirmations, and inspiring wisdom throughout encourage creative self-expression, self-reflection, and exploration of your creative destiny.

RELATED BACKLIST

Self Love
978-1-925682-59-5
Paperback $29.95 (CAD $41.95) • North America

Self Love Oracle
978-1-925924-17-6
$21.95 (CAD $30.95) • North America
NEW!

Mindful Living Inspiration Cards
_Deepen Your Relationship with Self_
Katie Rose

978-1-925924-59-6 • 4 x 5.5 • Deck with 36 full-color cards • $21.95 (CAD $30.95)
North America • Available March

- 36 four-color cards with a cardboard stand to hold a card to inspire you throughout the day

Deepen your meditations and daily spiritual practice through 36 cards of intuitive messages drawn from Ayurveda wisdom and yogic philosophy. Learn how to let go of your busy inner and outer life and apply conscious spiritual practice through meditations, prayers, mantras, and ritual. Pick one card each day as a focal point—a spiritual teaching to live by or reflect on. Includes a cardboard display stand.

NEW!

Affirmations
_Words of Inner Wisdom_
Lorriane Anderson

978-1-925946-18-5 • 3 x 2.5 • Deck with 40 two-color cards • $12.95 (CAD $17.95) • North America
Available March

- Pull one card every morning, both as an intention for the day and also as a little bit of inspiration

As reaffirming as getting notes inside your lunchbox telling you how special you are.

Affirmations are a tool to remind yourself to do daily spiritual work. These cards, which are messages from your higher self, would make a wonderful gift for someone needing inspiration or be something sweet to keep close by to help you get through the day.
NEW DECKS

NEW!

Pure Magic Oracle
Andrés Engracia
Foreword by Judika Illes, bestselling author of Encyclopedia of 5000 Spells
978-1-925924-66-4 • 4 x 5.5 • 144 pp. • Kit with 36 full-color cards • $21.95 (CAD $30.95) • North America • Available May
- Foreword by Judika Illes, the bestselling author of Encyclopedia of 5000 Spells (over 250,000 copies sold)
- Perfect for modern and traditional Pagans and witches

Let the magic of the elements guide your life’s journey.

Inspired by The Big Book of Practical Spells by Judika Illes, this stunning kit captures the essence of the sacred elements in an array of visual delight. It will guide you on a magical journey to reconnect with the healing power of nature and spirit. The cards in this kit will help you to: Reconnect to the divinity of Mother Earth, your ancestors, and your spirit allies; Rekindle your passion; Recover your personal magic and psychic abilities; Remember your purpose.

NEW!

Vlad Dracula Tarot
Travis McHenry, creator of Occult Tarot
Illustrated by Nikita Vuimin
978-1-925924-97-8 • 5 x 7.25 • Kit with 78 full-color tarot cards • 144 pp. $26.95 (CAD $36.95) North America • Available May
- A chilling combination of design and esoteric knowledge results in a historically accurate deck that can be used as a divination tool or simply enjoyed as a gothic work of art
- Beautiful production to match the previously published Occult Tarot and Angel Tarot

An exquisite gothic-style tarot based on the life of Dracula.

Vlad Dracula Tarot is a 78-card tarot deck and booklet based on the life of Vlad the Impaler, the infamous medieval ruler of Romania who inspired Bram Stoker’s legendary vampire. Seventy-eight original woodcuts each depict an episode in Dracula’s life and are perfectly paired with a tarot card that reveals its astrological and occult meaning. This combination of design and esoteric knowledge results in a historically accurate deck that can be used as a divination tool or simply cherished as a macabre work of art.
NEW!

**Goddess Love Oracle**

Wendy Andrew

978-1-925924-32-9 • 4 x 5.5
112 pp. • Kit with 36 full-color cards • $21.95 (CAD $30.95)

North America

Available March

• Beautifully designed box set with cover title in metallic foil

• 36 illustrated cards invoking inspiration from author’s own natural surrounds in Dorset, UK

Walk through the seasons of change with Goddess and unveil your soul’s truth in this illustrative oracle of beauty and love.

Discover 36 cards of wisdom to inspire your imagination and embrace the energy of the sacred feminine. Through working with this oracle in your daily life, you will be guided toward positive choices to find love, peace, and fulfillment. Artist and author Wendy Andrew illustrates the seasonal embodiments of Goddess, channeling Her timeless, loving energy into her paintings and writing. Wendy’s paintings are inspired by the ancient mysteries that are wrapped in the turning of the seasons, and the voice of Goddess whispering through the mythical realms.

NEW!

**Zodiac Moon Reading Cards**

*Celestial Guidance at Your Fingertips*

Patsy Bennett

Illustrated by Richard Crookes

978-1-925924-26-8 • 5 x 7.25
88 pp. • Kit with 36 full-color cards • $21.95 (CAD $30.95)

North America

Available March

• A 36-card deck that features sun signs, moon signs, and eclipses

• Learn deeply about yourself, friends, family, and loved ones with precise details

A powerful deck to help you navigate your direction in life.

*Zodiac Moon Reading Cards* is a unique deck consisting of 36 sun, moon, and eclipse cards through the zodiac signs. Drawing on predictive astrology, this insightful oracle serves as an astrological guide and will help you to understand more about yourself and your loved ones. Each card highlights turning points and the best way to move forward in life. From relationships to work, study to health, adventures and travel to domestic concerns, this deck will help pinpoint the right direction and course for happiness in life.
NEW MINI-DECKS

NEW!
Forest Fae Messages
Curious Messages of Enchantment
Nadia Turner
978-1-925946-19-2 • 4 x 2 • Deck with 40 full-color cards • $12.95 (CAD $17.95) • North America • Available April

Enter the forest, seek wonder and enchantment, and hear the curious messages of the forest fae. This set of 40 magickal cards invites you to delight in your imagination and spark joy and inspiration. When you are feeling weighed down by the mundane, may they help you to find a gate in the hedge or a way over the wall, to go beyond the boundary between this world and that . . . to escape your way into the forest and to magick.

NEW!
Moon Magick
Deep Moon Messages
Stacey Demarco
978-1-925946-15-4 • 4 x 2 • Deck with 40 full-color cards • $12.95 (CAD $17.95) • North America • Available April

More and more of us are choosing to deeply connect with the cycles of the moon. These 40 cards enable you to connect with and tap into the magic of the lunar cycle with a wise affirmation you can integrate into your world simply and powerfully, allowing the moon to guide you just as she always has for millennia. From the creator of the bestselling Queen of the Moon Oracle.

NEW!
From the Heart
Affirmations
Anna Stark
978-1-925946-43-7 • 4 x 2 • Deck with 40 full-color cards • $12.95 (CAD $17.95) • North America • Available April

The affirmations in this deck are lovingly created to open your heart space. Their messages will inspire you to speak from the heart and nurture your spirit. Use them as a guide during personal transformation to expand your soul’s awareness and self-love.

NEW!
Wishcraft
The Magic Starts Here!
Stacey Demarco
978-1-925924-99-2 • 4 x 2 • Deck with 40 full-color cards • $12.95 (CAD $17.95) • North America • Available April

Part of Rockpool’s popular mini cards series, Wishcraft is the ideal card set for kids and adults alike who want a bit of positive magic in their lives. Created by bestselling author Stacey Demarco, it is fun and joyful. And remember, you are the magic—without you, wishcraft cannot work.
Daily Healing
Cards for Awakening Your Best Self
Inna Segal
978-1-925682-96-0 • 4 x 2 • 40 full-color cards • $12.95 (CAD $17.95) • North America

Chakra Love
Raise Your Crystal Vibrations
Katie Maneckshaw, founder of I Love Chakra
978-1-925924-25-1 • 4 x 2 • 40 full-color cards • $12.95 (CAD $17.95) • North America

Let Go
Akal Pritam
978-1-925924-23-7 • 4 x 2 • 40 full-color cards • $12.95 (CAD $17.95) • North America

Star Seeds
Wisdom for Spiritual Growth
Nari Anastarsia
978-1-925682-22-9 • 4 x 2 • 40 full-color cards • $12.95 (CAD $17.95) • North America

Key Selling Points:
- Each box features a handy magnetic closure.
- Their small size makes it easy for affirmations to be tucked into a purse, desk drawer, or anywhere for a quick pick-me-up.
- Small size and price point makes this a great impulse buy!
- The counter display makes an attractive presentation of the decks in one accessible place.

*More mini decks available at www.redwheelweiser.com
NEW IN SHAMANISM

NEW!

Shamanic Power Animals
Embracing the Teachings of Our Non-human Friends
don Jose Ruiz; Foreword by don Miguel Ruiz, author of The Four Agreements
978-1-950253-14-2 • 5 x 7 • 192 pp.
50 B&W illustrations
Paperback • $18.95 (CAD $26.95)
Available June

This book is both an indispensable guide to shamanic wisdom and the ultimate handbook to power animals.

Shamanism assumes that every one of the earth’s non-human inhabitants, or power animals, has something to teach us—we just need to learn how to reach them and listen, and don Jose Ruiz shows the way.

Also included is a power animal encyclopedia with prayers, exercises, and chants to help readers communicate and collaborate with these powerful spirit entities.

NEW!
The Shaman’s Book of Living and Dying
Alberto Villoldo with Anne O’Neill
978-1-64297-027-2 • 6 x 9 • 272 pp.
Paperback • $18.95 (CAD $26.95)
Available May
(Replaces ISBN 978157174372)

12 stories of miraculous healings using shamanistic tools and techniques.

One of the pioneers in energy healing and shamanism recounts twelve miraculous stories in which, through the use of shamanic energetic techniques, people experience extraordinary physical and emotional healings. Each of the 12 stories is rooted in Villoldo’s experience as a healer, mental health professional, and devotee of Indigenous wisdom and lore from around the world.

By learning ancient shaman wisdom from Alberto Villoldo, you can heal disease and eliminate emotional suffering. The stories in this book are amazing and inspiring.

“Profound age-old wisdom in twelve stories of profound transformation and growth.”
—Joe Dispenza, bestselling author of Breaking the Habit of Yourself

NEW!

How to Pray the Shaman’s Way
Ancient Techniques for Extraordinary Results
José Luis Stevens, PhD
978-1-950253-12-8 • 5.25 x 8
192 pp. Paperback • $18.95 (CAD $26.95) • Available May

Discover the secrets of prayer for healing and inner peace.

This is a book about prayer—but not the kind of prayer that you are probably familiar with. It is a book about prayer that will teach you how to get in touch with the universe and communicate with Spirit.

It is a book that will initiate you into a new way of being, one that will incorporate the wisdom of the ages. José Luis Stevens will lead you on a spiritual path that covers the entire range of human experience, from gratitude, worship, and celebration to grief, guilt, affliction, supplication, and suffering. This incredibly potent spiritual practice is one of humankind’s most ancient and enduring activities and is as prevalent today as it was thousands of years ago.

Building on his decades of training and teaching in the shamanic tradition, Stevens offers a complete guide to this universal, transformative practice in How to Pray the Shaman’s Way.

NEW!
The Shaman Box
Tools for Healing, Protection, and Good Fortune
Nick Breeze Wood; Animal Oracle Cards Illustrated by Sarah Bartlett
978-1-64297-024-1 • 5.75 x 7.75 • 96 pp.
Kit with 36 full-color cards • $24.95 (CAD $34.95) • North America

This colorful four-color kit (a book and thirty-six cards) provides both novices and experienced practitioners practical tips and tools for exploring the world of shamanism.
NEW TITLES

NEW!

Your Guide to Forest Bathing
_Experience the Healing Power of Nature_
M. Amos Clifford, Founder of Association of Nature and Forest Therapy Guides and Programs
978-1-59003-513-9 • 5 x 7 • 208 pp. • Paperback • $16.95 (CAD $23.95)
Available May
- An accessible guide to this restorative practice—an antidote to our stress-filled, nature-starved lifestyles
- Offers practices for exploring the natural world, whether in a forest or woodland, public park, or just your own backyard
An expanded edition of our bestselling guide to forest bathing with a new section of hands-on practices and space for journal entries and reflections.

Simply being present in the natural world, with all of our senses fully alive, can have a remarkable healing effect. It can also awaken our latent but profound connection with all living things. This is “forest bathing,” a practice inspired by the Japanese tradition of _shinrin-yoku_.

In _Your Guide to Forest Bathing_, you’ll discover a path that you can use to begin a practice of your own that includes specific activities presented by Amos Clifford, one of the world’s most experienced forest bathing experts. Whether you’re in a forest or woodland, public park, or just your own backyard, this book will be your personal guide as you explore the natural world in a way you may have never thought possible.

NEW!

Rumi’s Little Book of Wisdom
Rumi; Translated by Maryam Mafi
Foreword by Narguess Faraad
978-1-64297-025-8 • 5 x 7 • 208 pp. • Paperback + flaps • $15.95 (CAD $21.95)
Available April
- Rumi books are perennial bestsellers
- Practical wisdom for living in bite-size inspirational nuggets

Life-changing wisdom from the popular Persian sage and poet.

This is a collection of inspirational wisdom for living a meaningful and joyous life. The selection of quotations is chosen to reflect Rumi’s inspiring and uplifting approach to life and address the inevitable issues that we encounter during our lifetimes.

Here, Rumi talks directly to us, just as he did to his contemporaries 800 years ago. The wisdom includes no-nonsense statements, observations, and facts, ranging from matters of the heart, to understanding human nature, to embracing the nature of the divine. The end result is an extended meditation on how to live one’s life with meaning, productivity, and kindness.

This new translation of Rumi’s wisdom is fresh, contemporary, and practical. It will appeal to the many who have loved his poetry, those who need a dose of daily inspiration, spiritual seekers, and those looking for traditional Sufi wisdom.
NEW!

Neale Donald Walsch’s Little Book of Life
Living the Message of Conversations with God
Neale Donald Walsch, New York Times bestselling author of Conversations with God
978-1-64297-030-2 • 5 x 7 • 272 pp. • Paperback • $16.95 (CAD $23.95)
Available March

• The author has phenomenal social media—over 830,000 Facebook followers and 90,000 on his personal mailing list
• Provides the core principles of Conversations with God for daily living

A little book that teaches readers how to incorporate the message of Conversations with God into their daily lives.

In 1999, Neale Donald Walsch wrote three profound books, each focusing on different areas of life: Neale Donald Walsch on Relationships, Neale Donald Walsch on Holistic Living, and Neale Donald Walsch on Abundance and Right Livelihood. In 2010, these three books were published in a single volume as Neale Donald Walsch’s Little Book of Life, now repackaged for the next generation of devotees and seekers.

This is indeed Walsch’s essential life guide for twenty-first-century readers.

“Walsch writes candidly about great questions of purpose, peace, and happiness that haunt humanity.” —Publishers Weekly

NEW!

This Life Is Yours
Discover Your Power, Claim Your Wholeness, and Heal Your Life
Linda Martella-Whitsett and Alicia Whitsett
978-1-64297-013-5 • 5.25 x 8.5 • 208 pp. • Paperback • $16.95 (CAD $23.95)
Available March

• Linda Martella-Whitsett is a high-profile Unity Church executive
• The promise of a fantastic life, regardless of circumstances

Heal your life and discover how everything can be right even when circumstances are all wrong.

This is a book about healing your whole self; a book about becoming conscious and discovering the eternal and unbreakable you. The authors take readers on a journey of discovery in which they will discover tools for their wholeness and personal power.

The authors focus on seven topics:
1. Understanding healing
2. Asking the right questions about who you are
3. Understanding the power of the mind
4. Drawing on inner resources
5. Taking action
6. Embracing your whole life
7. Reinforcing your wholeness

Filled with anecdotes and practical exercises, the authors show the ways in which we can heal and grow. It is a book that shows readers, regardless of circumstances, how to live light-filled, powerful, and joyous lives.
BESTSELLING & RECENTLY RELEASED

- **The 21 Divisions**
  - Mysteries and Magic of Dominican Voodoo
  - Hector Salva, Foreword by Hooood Senn Moise
  - 978-1-57863-681-5
  - 6 x 9 • 240 pp.
  - Paperback • $18.95 (CAD $27.95)

- **Allow Me to Introduce**
  - An Insider’s Guide to the Occult
  - Lon Milo DuQuette
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  - 5.25 x 8.5 • 240 pp.
  - Paperback • $19.95 (CAD $27.95)

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  - A Beginner’s Guide to the Heathen Path
  - Emn Lake
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  - 978-1-64297-003-6
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  - 112 pp. • Line art throughout
  - Paperback • $9.95 (CAD $13.95)
  - North America

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  - His Holiness the Dalai Lama
  - 978-1-64297-017-3
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  - John Michael Greer, Foreword by David Spaniger
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  - D.J. Conway
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  - 5.25 x 8.5 • 208 pp.
  - Paperback • $15.95 (CAD $21.95)

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  - How to Interpret the Cards and Work with Tarot Spreads for Personal Growth
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  - Kerrie Erwin
  - 978-1-64297-011-0
  - 5 x 8.5
  - 192 pp. • Line art/ornamental drawings
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  - How to Work with the Phases of the Moon and Plan Your Timing for Every Major Decision
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78 Keys to Unlock Your Subconscious Mind
Arthur Taussig
978-1-57863-641-9 • 5 x 7 • 192 pp. • Kit with 78 full-color cards • $49.95 (CAD $69.95)

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Liz and Colin Murray; Illustrated by Vanessa Card
978-1-59003-520-7 • 5.75 x 5.75 • 128 pp. • Kit with 25 full-color cards • $24.95 (CAD $34.95)
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The Druid Plant Oracle
Working with the Magical Flora of the Druid Tradition
Philip and Stephanie Carr-Gomm; Illustrated by Will Worthington
978-1-59003-519-1 • 6.25 x 8.5 • 144 pp. • Kit with 36 full-color cards • $28.95 (CAD $39.95)
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978-1-925924-20-6 • 4.25 x 6.25 • 112 pp. • Kit with 78 full-color cards • $26.95 (CAD $36.95)
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Rachelle Charman, Illustrated by Len Hibble
978-1-925682-35-9 • 4 x 4 • 112 pp. • Kit with 33 full-color cards • $23.95 (CAD $32.95)
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Caroline Smith and John Astrop • 978-1-85906-041-4 • 6 x 8.25 • 128 pp. • Kit with 72 full-color cards • $24.95 (CAD $34.95) • North America

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NEW!

2022 Witch’s Diary
*Reclaiming the Magick of the Old Ways*
Flavia Kate Peters and Barbara Meiklejohn-Free
978-1-925946-44-4 • 5.5 x 8.25 • 160 pp.
B&W line drawings throughout
Paperback • $14.95 (CAD $19.95)
North America
Available August

This practical guide and planner will show you how to harness the magic of nature, reclaim your personal power through the discovery of ancient wisdom, and embrace the divine feminine. Beautifully produced and illustrated, it features sigils, spells, and advice for charms, amulets, and so much more.

NEW!

2022 Astrology Diary
Northern Hemisphere
Plan Your Year with the Stars
Patsy Bennett
978-1-925946-32-1 • 5 x 7.75 • 160 pp.
B&W halftones & tables
Paperback • $12.95 (CAD $17.95)
North America
Available August

Make 2022 your year with this essential astrology guide to the signs and stars. Focus on health, wealth, and happiness with up-to-date insight into major planetary alignments and what they will mean for you. Includes a week-at-a-glance diary and monthly sun sign forecasts.

NEW!

2022 Lunar and Seasonal Diary
Northern Hemisphere
Stacey Demarco
978-1-925946-31-4 • 6.25 x 8.75
216 pp. • Full color throughout
Spiral • $19.95 (CAD $27.95)
North America
Available August

The 2022 Lunar & Seasonal Diary is beautifully produced in full color with a concealed spiral binding that allows the pages to lay flat, plus extra space for notes. Packed with invaluable tips and techniques, this planner features gods and goddesses for each month and seasonal spell castings and invocations for specific moon phases, including equinoxes and solstices.

NEW!

2022 Crystal Calendar
Includes Major Crystals and Their Meanings
Rachelle Charman
978-1-925946-33-8 • 9 x 5 • 24 pp.
Coil/wire comb
Full-color photographs throughout • $9.95 (CAD $13.95)
North America • Available August

Lighten up your year and beautify your desk with the 2022 Crystal Calendar. As you move into each month, you are blessed with different crystal energy and positive words of wisdom to guide and inspire you. The photos of the crystals are exquisite, vibrant and gorgeous, and will brighten up your day.

*Page layout is from the 2021 Lunar and Seasonal Diary*
NEW!
The Dark Side of Dharma
Meditation, Madness and Other Maladies on the Contemplative Path
Anna Lutkajtis
978-1-91350-459-5 • 6 x 9 • 212 pp.
Paperback • $24.95 (CAD $34.95)
North America • Available March

The Dark Side of Dharma looks at why meditation’s adverse effects, while well known in spiritual and religious traditions, have been ignored in contemporary secular contexts such as Western psychology. The author, Anna Lutkajtis, is a postgraduate researcher from Sydney, Australia. Her research focuses on mysticism, the dark night of the soul, and the healing potential of altered states of consciousness.

NEW!
The Sacred Geometry Oracle
Book and Card Deck
John Michael Greer
978-1-91280-719-2 • 5 x 8 • 184 pp.
33 cards • Paperback • $29.95
(CAD $41.95) • North America
Available June

This kit contains 33 cards, each representing a basic figure in traditional sacred geometry, and each relating to one of the basic patterns of the universe—patterns that form the hidden structure of our everyday lives. Use the cards for divination, meditation, and self-exploration. Previously announced.

NEW!
The Tree Dispensary
How to Grow, Harvest and Use Medicinal Trees
Volume 1—Native European Trees
Christina Stapley
978-1-91350-472-4 • 75 x 9.5 • 264 pp.
Paperback • $36.95 (CAD $50.95)
North America • Available March

This wide-ranging volume of essays brings a contemporary perspective to the timeless questions concerned with the nature of life and death, meaning and purpose, and how we can live more harmoniously together, issues with which all thinking people are concerned and engaged.

NEW!
A Quest for Wisdom
Inspiring Purpose on the Path of Life
David Lorimer
978-1-91350-476-2 • 5.5 x 8.5 • 328 pp.
Paperback • $45.00 (CAD $62.00)
North America • Available April

This wide-ranging volume of essays brings a contemporary perspective to the timeless questions concerned with the nature of life and death, meaning and purpose, and how we can live more harmoniously together, issues with which all thinking people are concerned and engaged.

NEW!
Inside a Magical Lodge
Traditional Lodge Methods for Modern Mages
John Michael Greer
978-1-91350-475-5 • 6 x 9 • 306 pp.
Paperback • $29.95 (CAD $41.95)
North America • Available April

This updated and expanded edition reveals the foundations of magical lodge work, one of the most important and least understood parts of the Western esoteric traditions. It is a must-read for members of existing lodges, for students of magical traditions such as the Golden Dawn, for practitioners of other kinds of group magical work, and for all those who have wondered about the hidden world behind lodge doors.

NEW!
The Magical Tarot of the Golden Dawn
Divination, Meditation and High Magical Teachings (Rev.)
Pat Zalewski;
Illustrated by David Sledzinski
978-1-91350-415-1 • 3 x 5 • 80 pp. • 78 cards
Paperback • $44.95 (CAD $61.95)
North America • Available April

The unique coloring of this Golden Dawn / Stella Matutina tarot deck was based on the four sets of Golden Dawn color scales. The only deck on the market today that is true to the original and is comparative in this respect is the Harris/Crowley Thoth deck, which also used the Golden Dawn four color scales for the minor arcana.
RECENTLY RELEASED FROM NEW PAGE

NEW!
On the Trail of Bigfoot
Tracking the Enigmatic Giants of the Forest
Mike Dupler
978-1-63265-172-3 • 6 x 9 • 240 pp.
Paperback • $17.95 (CAD $24.95)
Available March

“Join Mike Dupler on his journey of adventure and discovery for the enigmatic giants of the forests. I highly recommend this book!” —Loren Coleman, author and founder of the International Cryptozoology Museum

On the Trail of Bigfoot is a firsthand account from paranormal researcher and skilled outdoorsman Mike Dupler on his many years of investigations into the Bigfoot phenomena. It features his own encounters with these enigmatic creatures, complete with photographs.

Refreshing, thoughtful, thoroughly entertaining!” —Ken Gerhard, cryptozoologist and author

NEW!
The Ancient Alien Question
10th Anniversary Ed.
An Inquiry into the Existence, Evidence, and Influence of Ancient Visitors
Philip Coppens
Foreword by Erich von Däniken, Preface by Kathleen McGowan
978-1-63265-193-8 • 6 x 9 • 336 pp.
35 photos + 8-page color insert
Paperback • $21.95 (CAD $30.95)
Available March

• New preface by Philip’s widow, renowned author Kathleen McGowan, and an afterward that contains the last essay Coppens wrote

“An important and outstanding contribution.” —Erich von Däniken, bestselling author of Chariots of the Gods

Analyzing the historical and archaeological evidence, Philip Coppens demonstrates that there is substantial proof that our ancestors were far more technologically advanced than currently accepted, and that certain cultures interacted with nonhuman intelligences. Coppens provides clear, concise answers to the great historical enigmas in an accessible, readable format.

NEW!
Captured! The Betty and Barney Hill UFO Experience
60th Anniversary Edition
The True Story of the World’s First Documented Alien Abduction
Stanton T. Friedman and Kathleen Marden
Fore. by Dr. Bruce Maccabee
978-1-63265-187-7 • 6 x 9 • 336 pp.
48 photos/illustations/documents
Paperback • $18.95 (CAD $26.95)
Available April

“The famous 1961 Betty and Barney Hill abduction by nonhumans is taken apart, meticulously reexamined by Betty’s niece Kathleen Marden and nuclear physicist Stanton T. Friedman, and reinforced by the pressure of facts.” —Linda Moulton Howe, Emmy award-winning TV producer and reporter

NEW!
UFOs and the Deep State
A History of the Military and Shadow Government’s War Against the Truth
Kevin D. Randle, Lt. Col., USAR (Ret.)
978-1-63265-190-7 • 6 x 9 • 320 pp.
Paperback • $22.95 (CAD $31.95)
Available May

A deep dive into UFO cover-ups by the deep state. A wake-up call to what has and is being hidden.

“The leading proponent of the theory that the US government knows more than it’s saying about UFOs.” —Globe and Mail (Toronto)

Has the deep state perpetrated a consistent mission to hide, obscure, and delete information as it pertains to UFOs and alien interactions? Has a secret space program been developing technologies not of this world for decades? What have the U.S. Air Force and other agencies been hiding? This and more is explored in UFOs and the Deep State.